

Frank Maier Invitational Track Meet

Wednesday May 11th, 2016

Rain Date May 12th

North Shore High School

4:15 PM START

NEW FOR 2016 GIRLS and BOYS MEET Events!

Although there are unlimited entries each team is limited to **2 scorers in each event, 1 scoring team in each relay.**

Cost: \$150 entry AND a portion of the cost of the officials.
(\$250 for combined Girls and Boys teams)

Please notify the Athletic Director's Office of North Shore High School (277-7040) of your intentions to attend by May 1, 2016 OR

EMAIL: coronae@northshoreschools.org

FAX: (516) 277-7042

Order of Events

3000/2000 Steeple Chase	
400 IH	High Jump
100m Semi	Long Jump
1600m/1500m	Triple Jump
100m Final	Shot Put
400m	Discus
110 HH/100HH	Pole Vault
800m	
3200m/3000m	
200m	
4 x 800	
4 x 100	
4 x 400	

Awards: Medals to the top 5 competitors in each event.
Medals to the top 4 teams in each relay event

SCHOOL	<input type="text"/>
COACH	<input type="text"/>
COACH'S E-MAIL	<input type="text"/>

PAYMENT \$150 Payable to: NORTH SHORE HIGH SCHOOL
(\$250) 450 Glen Cove Ave
Glen Head NY 11545
Attn: Ed Corona